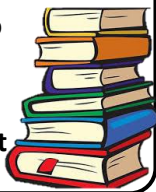


Book n Brew

Book n Brew is a friendly group of local residents who meet up for a natter over a book or two! Come and join us every Thursday 1.30pm at the Revoelution Hub.



Mens club is a sociable club for men 18+. Activities include darts, games and films. Every Thursday 6.30pm at the New Life Church.



SUMMER NEWSLETTER

REVOELUTION 2019



There's loads going on this summer in Revoe!

We've got wellbeing and gardening – page 2, young people's activities on page 3, our Summer Timetable and more inside!

Things we could all be doing to make Revoe a better place to live...

- Fix it, even if you didn't break it
- Go outside
- Garden together
- Listen before you react
- Ask for help
- Try to understand others
- Be confident
- Make friends with someone new
- Start a tradition
- Share your skills
- Pick up your dog's waste
- Listen to the birds
- Ask a question
- Dance in the street
- Sing together
- Talk to your postman
- Sit outside your house
- Smile and say hello
- Buy from local businesses
- Learn a new skill
- Plant Flowers
- Mediate a conflict
- Look up when you're walking
- Volunteer
- Help carry something heavy
- Share what you've got
- Know your neighbours
- Support neighbourhood schools
- Use your Library
- Hire young people for odd jobs
- Bake and share a cake
- Respect your elders
- Play together
- Organise a Party
- Turn off your TV
- Take your kids to the Beach



Thanks to Whitley Bay Big Local

Outdoor Events for Sunny Days!

Residents Association Fun Day

Come and see the Revoelution Choir and Bollywood dancers, get your face painted and go for a donkey ride! Table top stalls, food and entertainment throughout the day! 17th August
12pm outside Ibbison Court Community Centre



We Love Dancing, Come Join Us!

Join Sam Simpson and friends to explore the transformative power of dance, including circus and street dance workshops! 27th July 12-4pm at Ibbison Court. Tel: 07872 167451



Revoe Park Flower Festival

Flower arranging, flower art and flower crowns! Free flower-themed fun for all the family in the Community Garden! Revoe Park Community Garden 20th July 11am-2pm.



Blackpool FC Community Trust Park Events

Beginning in late July for 12 weeks on Revoe Park - Football-related activities! Free for adults. Includes loads of stuff you won't have heard of! Also activities for young children so that adults can take part. Come and join in some informal fun activities with Blackpool FC Community Trust. Call 01253 348691 for more information.



Contact: The Revoelution Hub, 1 Ibbison Court, Blackpool, FY1 4AU.

- 01253 423420
- info@revoelution.org.uk
- @Revoelution
- @BPLRevoelution
- people_of_revoe
- bplrevoelution



Gardening

Revoe is going green with plenty of gardening and environmental workshops and groups set up this year! Contact the hub or check out the timetable if you want to get involved.



The Ibbison Court Development Group have been hard at work **creating visible changes to the area**, including planters, weeding, flowers, shrubs and wishing wells! Revoelution and the Residents Association have been managing the planters outside of the hub, and Phil Henry will soon be hosting workshops on **growing stuff!**



Urban Organic will be hosting workshops on **Bee-Keeping** (and **Pizza Making!**) **11am 20th July** at Revoe Park and **4.30pm 9th August** at Ibbison Court.

The Community Clean-Up Group for young people is a great way to make friends and learn about gardening – Friday afternoon at the Hub!



Wellbeing

Yoga Stretch

Yoga Stretch is a non-strenuous form of yoga designed especially for those with arthritis control. Come along to Ibbison Court Community Centre every Monday 10-11.45am.



Life Coaching

Life Coaching is available to all Revoe residents and volunteers. Every Friday at the Revoelution Hub. Please book in advance by contacting the Revoelution Hub on 01253 423 430.



Revoe Health & Wellbeing Centre

Join Stephen at the New Life Centre for therapies and techniques to improve your health and wellbeing.

12pm – A different talk every week.
2-3.30pm – Wellbeing drop-in.
4-6pm – 30 minute therapy sessions (you must book in advance).
6.30pm-8pm – Meditation drop-in.

Please see our Facebook page “Revoe Health & Wellbeing” for updates. Contact: 07519265637.

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Plan Review Meeting – 16th August

It's time for a new Revoelution Plan! We have to submit spending plans to the Local Trust. The current Plan ends in December, so we'll be running consultations in the next few weeks - watch out for us in our new Revoelution hoodies!

Free raffle ticket if you bring this Newsletter with you!



And – save the date – there'll be a big event on **Thursday 16th August** with raffles, food and fun activities! Make sure you're there to share your ideas!

Revoelution News...

Youth Worker

The Revoelution team now includes a Youth Worker! Cy Karoonian joined us in early July and will be setting up groups and activities for young people over the Summer. So if you have any grumpy teenagers in the house send them to Cy! (and cheerful ones too...)



Community Café

We're considering opening a café at Ali Baba's restaurant premises. The idea is to run a fantastic funky café alongside activities like arts groups and health advice. Feel free to come along and join in the discussions if you have any ideas – just pop in to the Hub for times and dates.

New Life Community Centre

Revoelution will be leasing the old New Life Community Church building soon and we'll be running events there – check the Timetable!

people_of_revoe

We are looking for people living, working, volunteering or attending school in Revoe to contribute to our Instagram page. We'll just need a photograph of you and a short bio about your connection to the Revoe area. Contact Becky: becky.doran-brown@revoelution.org.uk



Come and join us for the grand unveiling of our accessible rear extension - All Welcome!
23rd July 1.30-4pm. 420 Waterloo Road

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Art, Music and Dance

Ukulele Lessons Free for Revoe residents!



Ukulele Lessons for Beginners:

We have renewed Ukulele beginners lessons taught by Blackpool Music School. Free to Revoe residents! Come along to the Revoelution Hub on Wednesdays at 2pm.

Karl Tsang: Wall Art

Karl Tsang is a Street Artist renowned in the Blackpool and Fylde area: We have now commissioned him to create a piece of artwork for the children's play area outside of the hub. See our Facebook page for updates!



Electric Sunshine Project: Moving & Making

Moving: 12-week dance and movement sessions to build fitness and improve wellbeing by combining yoga and dance.

Making: 6-week Art and Craft sessions for families using recycled materials to be included in the Lightpool Parade.

Dates commencing in September (contact the hub for details).



Skool of Street: Summer Workshops

Free workshops for 7-19 year-olds including dance, music, acting, film, spoken word and visual art! Workshops will take place at: House of Wings Studio, Unit 3a (back of Reads Road), Blackpool, FY14QL. Text: 07814106100 for times and dates.



Activities for Young People



Football

Free 'Kicks' sessions at Revoe Park Tuesdays 5.30pm

Free Summer Sports Activities at Revoe Learning Academy for 5-11 yr olds, free lunch provided. Mon, Weds and Fri – to book: 01253 348691



Judo for kids aged 3-4 years old

Revoe Judo Club (located above Revoe Library) will be hosting lessons starting September. Contact the Judo Club for more information.

Forest School



Every week on a Friday (10am-11am) Revoe Park Community Garden will host Forest School Family Fun, den building, bubble fun and much more!

URPotential –

Activities, advice and support for young people: LGBT groups and family support, Babysitting courses, yoga, girls' group and more – contact us for info! 01253 344398, 296 Central Drive



Discover your family's history

Want to trace your family origins? As part of Computer/IT Club, Revoelution is offering their account and a dedicated tutor for free! Come along **Thursdays 12-2pm** at the Revoelution Hub.

The New Revoe Residents Association

Bingo

Bingo with Penny runs on a Monday and Wednesday 1.30-4pm

at Ibbison Court Community Centre. Everybody is welcome.



Memory Lane Cafe



Come for a light lunch, a brew and a chat. Every Tuesday 11am-3pm at Ibbison Court Community Centre.

Young at Heart

Young at Heart is a social club for people in Revoe with informal activities such as Bingo and free refreshments and food. Every Thursday 12.30pm at Ibbison Court Community Centre.

His Provision

His Provision provides cooked meals at a cheap price. Come along to our Saturday (9am) £1 Breakfast, Monday (3.30pm) Free Meal and Monday (4.30pm) Kids Club (Term time only). Located on 272-274 Central Drive.



IT/Computer Club teaches beginners how to use Microsoft Office (e.g. Word and Powerpoint), how to use the internet safely, how to send emails, how to navigate Indeed and how to use Ancestry (see p3). Every Friday 12-2pm.



Blackpool Centre For Unemployed and Residents Advice Service

Blackpool Centre for the Unemployed are running appointments at His Provision (Central Drive) for help with navigating Universal Credit and other benefit queries. Book by phoning 01253 523178.



Want to improve your CV? Want help applying for a job? Work Club has a dedicated staff member and computer resources to assist you in gaining employment. Sessions are held at the hub every Friday 10am-12pm.

THE BIG LOCAL REVOELUTION

Please check social media pages or contact the facilitators of events to confirm their time and dates.

LOCATION KEY: **Revoelution Hub** **New Life Centre** **Revoe Park** **Revoe Library** **UrPotential**
His Provision **Ibbison Court Community Centre** **House of Wings**

Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
8 th Jul	9 th Jul	10 th Jul	11 th Jul	12 th Jul	13 th Jul	14 th Jul	15 th Jul	16 th Jul	17 th Jul	18 th Jul	19 th Jul	20 th Jul	21 st Jul
10-11.45am Yoga Stretch 3.30pm Free Meal 4.30pm Kids Club	10am-2pm Gardening Club 11am-3pm Memory Lane 5.30 Kicks	1.30-4pm Bingo 2pm Ukulele Lessons	12.30pm Young at Heart 1.30pm Book 'N' Brew 6.30pm Men's Club (18+)	10am Work Club 10am Park event 12pm IT Club 4.30pm Community Clean Up 6pm Blackpool Inspirations	9am £1 Breakfast		10-11.45am Yoga Stretch 3.30pm Free Meal 4.30pm Kids Club	10am-2pm Gardening Club 11am-3pm Memory Lane 5.30 Kicks	1.30-4pm Bingo 2-3pm Ukulele Lessons	12.30pm Young at Heart 1.30pm Book 'N' Brew 6.30pm Men's Club (18+)	10am Work Club 10am Forest School 12pm IT Club 4.30pm Community Clean Up 6pm Blackpool Inspirations	9am £1 Breakfast 11am-2pm Flower Festival and Bee Keeping	
22 nd Jul	23 rd Jul	24 th Jul	25 th Jul	26 th Jul	27 th Jul	28 th Jul	29 th Jul	30 th Jul	31 st Jul	1 st Aug	2 nd Aug	3 rd Aug	4 th Aug
10-11.45am Yoga Stretch 12-8pm Health and Wellbeing	10am-2pm Gardening Club 11am-3pm Memory Lane 5.30 Kicks	1.30-4pm Bingo 2pm Ukulele Lessons	12.30pm Young at Heart 1.30pm Book 'N' Brew 6.30pm Men's Club (18+)	10am Work Club 10am Park event 12pm IT Club 4.30pm Community Clean Up 6pm Blackpool Inspirations	9am £1 Breakfast 12-4pm We Love Dancing Event		10-11.45am Yoga Stretch 12-8pm Health and Wellbeing	10am-2pm Gardening Club 11am-3pm Memory Lane 5.30 Kicks	10am-2pm Skool of Street 2-3pm Ukulele Lessons 7.30 LGBT Family support	12.30pm Young at Heart 1.30pm Book 'N' Brew 6.30pm Men's Club (18+)	10am Work Club 10am Forest School 10am-2pm Skool of Street 12pm IT Club 4.30pm Community Clean Up 6pm Blackpool Inspirations	9am £1 Breakfast	
5 th Aug	6 th Aug	7 th Aug	8 th Aug	9 th Aug	10 th Aug	11 th Aug	12 th Aug	13 th Aug	14 th Aug	15 th Aug	16 th Aug	17 th Aug	18 th Aug
10-11.45am Yoga Stretch 12-8pm Health and Wellbeing	10am-2pm Gardening Club 11am-3pm Memory Lane 5.30 Kicks	10am-2pm Skool of Street 1.30-4pm Bingo 2pm Ukulele Lessons	12.30pm Young at Heart 1.30pm Book 'N' Brew 6.30pm Men's Club (18+)	10am Work Club 10am Forest School 10am-2pm Skool of Street 12pm IT Club 4.30pm BEE KEEPING, Ibbison Ct 6pm Blackpool Inspirations	9am £1 Breakfast 10.30-11.30am 1969 to the Moon (Jr History)		10-11.45am Yoga Stretch 12-8pm Health and Wellbeing	10am-2pm Gardening Club 11am-3pm Memory Lane 5.30 Kicks	10am-2pm Skool of Street 1.30-4pm Bingo 2-3pm Ukulele Lessons	12.30pm Young at Heart 1.30pm Book 'N' Brew 6.30pm Men's Club (18+)	10am Work Club 10am Forest School 10am-2pm Skool of Street 12pm IT Club 4.30pm Community Clean Up 6pm Blackpool Inspirations	9am £1 Breakfast 12pm Fun Day (NRRRA)	
19 th Aug	20 th Aug	21 st Aug	22 nd Aug	23 rd Aug	24 th Aug	25 th Aug	26 th Aug	27 th Aug	28 th Aug	29 th Aug	30 th Aug	31 st Aug	1 st Sep
10-11.45am Yoga Stretch 12-8pm Health and Wellbeing	10am-2pm Gardening Club 11am-3pm Memory Lane 5.30 Kicks	10am-2pm Skool of Street 1.30-4pm Bingo 2pm Ukulele	12.30pm Young at Heart 1.30pm Book 'N' Brew 6.30pm Men's Club (18+)	10am Work Club 10am Forest School 12pm IT Club 4.30pm Community Clean Up 6pm Blackpool Inspirations	9am £1 Breakfast		10-11.45am Yoga Stretch 12-8pm Health and Wellbeing	10am-2pm Gardening Club 11am-3pm Memory Lane 5.30 Kicks	1.30-4pm Bingo 2-3pm Ukulele Lessons 7.30 LGBT Family support	12.30pm Young at Heart 1.30pm Book 'N' Brew 6.30pm Men's Club (18+)	10am Work Club 10am Forest School 12pm IT Club 4.30pm Community Clean Up 6pm Blackpool Inspirations	9am £1 Breakfast	
2 nd Sep	3 rd Sep	4 th Sep	5 th Sep	6 th Sep	7 th Sep	8 th Sep	9 th Sep	10 th Sep	11 th Sep	12 th Sep	13 th Sep	14 th Sep	15 th Sep
10-11.45am Yoga Stretch 12-8pm Health and Wellbeing	10am-2pm Gardening Club 11am Memory Lane 5.30 Kicks 6-9pm Electric Moonlight	1.30-4pm Bingo 2pm Ukulele Lessons 6-8pm Moving Taster (p3)	1.30pm Book 'N' Brew 6.30pm Men's Club (18+)	10am Work Club 10am Forest School 12pm IT Club 4.30pm Community Clean Up 6pm Blackpool Inspirations	9am £1 Breakfast 1-4pm Ibbison Court Garden Party -Swallows Charity		10-11.45am Yoga Stretch 12-8pm Health and Wellbeing 3.30pm Free Meal	10am-2pm Gardening Club 11am-3pm Memory Lane 5.30 Kicks	2pm Ukulele Lessons	1.30pm Book 'N' Brew 6.30pm Men's Club (18+)	10am Work Club 10am Forest School 12pm IT Club 4.30pm Community Clean Up 6pm Blackpool Inspirations	9am £1 Breakfast	